

# **COMMUNITY RESOURCES**

# COUNSELING, HEADSTART & DAYCARE

**Sunbeam Family Services** #405-528-7721 www.sunbeamfamilyservices.org Services: daycare, HeadStart, counseling

# DAYCARE

**Rainbow Fleet - Bilingual** Services: Tailored childcare search based on family needs. Free. www.rainbowfleet.org 405-525-3111



# MATERIAL ASSISTANCE

A Brighter Day Must call to make an appointment in advance. Children must be 0-12 months. 800 W Rock Creek Rd Ste

115 Norman, OK 73069 405-968-3343

**B2G Campaign / Seasons of Change Incorporated** 

Free diapers and wipes (expectant mothers and babies up to 12 months of age, max of 26 items per baby), furniture, clothing, and household items. Walk-ins welcome Mo-Fr 9 AM - 3 PM 236 SE 59th St OKC 405-497-6144

**Infant Crisis Center** 

Offers same-day appointments, 4 visits max a year, with a week in between from birth-4 years only. Provides emergency formula, food, diapers, clothing, etc. 4224 N Lincoln Blvd **OKC, OK 73105** 405-528-3663







& www.willowpregnancy.org



# COMMUNITY RESOURCES

# MATERIAL ASSISTANCE (CONTINUED)

#### **Christian Service Center**

Food pantry and clothing store (10 cent items) plus car seats, strollers, high chairs, blankets, bibs, bottles, diapers, etc. 16 diapers every 2 weeks per child. You have to get there early, sign up. List goes out at 8:30 AM and operation begins at 10:30 AM on MON, TUE, and WED 115 SW 24th St. OKC, OK 405-236-595

Sunbeam Family Services 1100 14th St OKC OK 73106 Phone | 405=528-7721 | 405-609 3308 www.sunbeamfamilyservices.org Diapers, wipes, meals weekly with enrolment to their programs

Safe Kids Oklahoma | FOR CAR SEATS 405-945-6709

### PARENTING

### **Family Expectations**

Parenting and other support for couples, single moms, and dads. They provide material assistance for those enrolled in their programs. Must be 18 years or older. Free. 405-639-2054 www.familyexpectations.com

### LilyField OKC (Edmond) Parenting Skills Classes. They offer breastfeeding classes too. Email info@lilyfield.org or 405-602-8861

# HEALTH SERVICES | SOONERCARE



Variety Health Care Services: charges based on monthly income. Blood PT. Free HIV, Hepatitis C, STD's testing. Thursdays 4-7 PM Straka only. 420 NW 6 th St. and many other locations 405-632-6688









# **COMMUNITY RESOURCES**

## HEALTH SERVICES | SOONERCARE

**Community Health Centers of Oklahoma - Healthy Start** Main Clinic 1006 NE 17th St 3rd Floor 73111 | 405-427-3200 Pottawatomie Co | 405-395-0806 Saturday Clinic, Lab, pharmacy | 405-419-9800 Nutrition and Breastfeeding classes | 405-769-3301

**Crossings Community Clinic - Free Services** Uninsured Adults (18-64), residing in OKC County, below poverty level ONLY. Temporary basic care. 10255 N Penn Ave OKC Medical | 405-749-0800 Dentistry | 405-242-5578 Vision Care | 405-749-0800

# **COUNSELING & OTHER SERVICES**

Latino Agency Offers free medical services / shots, etc. (not checking immigration status) 420 SW 10th St OKC 405-236-0701

**Catholic Charities** 1232 N Classen Blvd, Oklahoma City, OK 73106 405-523-3000

# FOOD

Foodfinder.us or foodfinder mobile app. **1. Enable location/search zip** 2. Multiple pins will be visible for free food providers\*\*



Regional Food Bank (they will refer to the closest pantry, website will give a list) www.regionalfoodbank.org 405-972-1111







**W**ww.willowpregnancy.org